



AISSMS

COLLEGE OF ENGINEERING

ज्ञानम् सकलजनहिताय



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**A Report on
"Gender Equality and Women's Empowerment"**

Organised by

VISHAKHA CELL

AISSMS College of Engineering Pune

(02nd November, 2023)

Convener: Dr D S Bormane, Principal

Coordinator, IQAC : Dr C S Choudhari

Coordinator, Vishakha Cell: Dr (Mrs)P S Gajjal

Committee Members:

Dr. (Mrs) D M Ujalambkar

Dr. (Mrs) Vrushali Dandawate

Dr. (Mrs) V S Kalyani

Mrs. V S Navale

Topic: "Gender Equality and Women's Empowerment"

"Gender equality is not just a goal; it's a necessity for a fair and inclusive society. Let's work together to eliminate discrimination, promote equal opportunities, and empower everyone, regardless of gender. #Gender Equality #Equality For All"

The main points summarizing the objectives of gender equality:

1. Eliminating Discrimination
2. Equal Access to Opportunities
3. Economic Empowerment
4. Health and Reproductive Rights
5. Ending Gender-Based Violence
6. Political Participation
7. Challenging Stereotypes
8. Legal Reform
9. Gender-Responsive Services
10. Engaging Men and Boys

Flyer

The flyer is for an event organized by the Women's Grievance and Vishakha Cell at AISSMS College of Engineering. The college is accredited by NAAC with an 'A+' grade and by NBA for 6 UG programmes. The event is a guest lecture on 'Gender Equality and Women's Empowerment' held on Thursday, 02/11/2023 at 11:30 am in the Electrical Dept Seminar Hall (R.Nu.244). The speaker is Dr. Lalita Kangude, an Associate Professor in English. The event is coordinated by Dr. Priya Gajjal, with Dr. C S Choudhari (IQAC Coordinator) and Dr. D. S. Bormane (Principal) also present. The institute's vision is 'Service to Society through Quality Education'.

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Women's Grievance and Vishakha Cell
Organizes an Guest Lecture on

Topic: "Gender Equality and Women's Empowerment"

➤ **Day & Date:** Thursday, 02/ 11/2023
➤ **Time:** 11:30 am
➤ **Venue:** Electrical Dept Seminar Hall (R.Nu.244)

Students Coordinators:
Vaishnavi Mate, Atharva Jamdade, Manav Matwankar

Speaker
Dr Lalita Kangude
Associate Professor In English

Dr Priya Gajjal
Coordinator

Dr C S Choudhari
IQAC Coordinator

Dr. D. S. Bormane
Principal

Institute Vision:
Service to Society through Quality Education

Inaugural Function at 11:30 am at Seminar Hall

Chief Guest and Session Expert:

Dr Lalita Kangude Navale

Pune

Topic: Gender Equality and Women's Empowerment

Participants: Students and Facultyies

Outcome: Gender equality results in improved economic growth, reduced poverty, better education, enhanced health and well-being, empowerment, reduced violence, increased social and political participation, innovation, reduced stereotypes and bias, and long-term development. It benefits individuals, communities, and societies by promoting fairness and inclusivity.

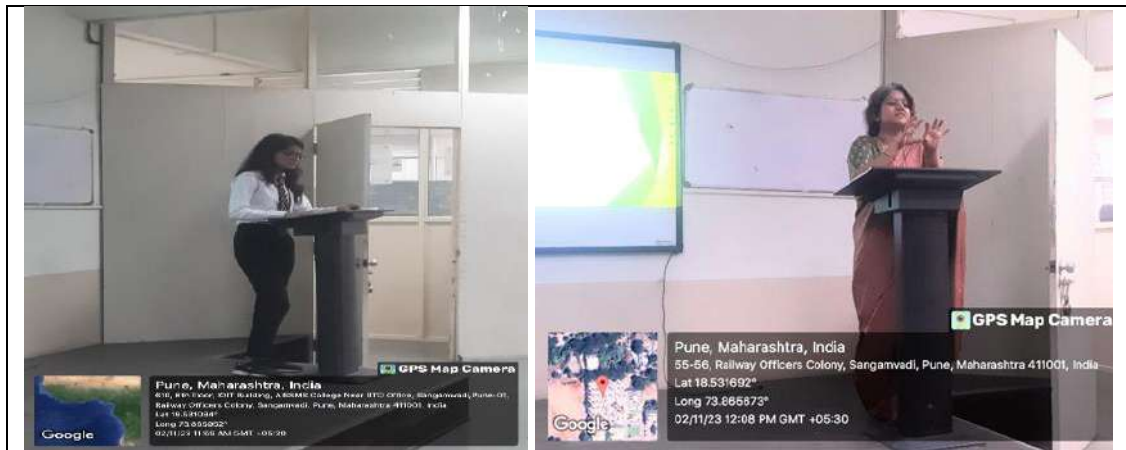
Student Coordinators:

- 1. Vaishnavi Mate**
- 2. Atharv Jamdade**
- 3. Manav Matwankar**

Few Glimpses:



Session Inauguration and Talk



Expert Discussing with students

Programme Ended with vote of thanks

Ashadha

Dr P S Gajjal
Coordinator



[Signature]
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COLLEGE OF ENGINEERING
KENNEDY ROAD, PUNE-411 001



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A Report on
“The Power of Yoga! Women in Yoga”
Organised by
VISHAKHA CELL
AISSMS College of Engineering Pune
(17 March, 2023)

Convener: Dr D S Bormane, Principal

Coordinator, IQAC : Dr C S Choudhari

Coordinator, Vishakha Cell: Dr (Mrs)P S Gajjal

Committee Members:

Dr. (Mrs) D M Ujalambkar

Dr. (Mrs) Vrushali Dandawate

Dr. (Mrs) V S Kalyani

Mrs. V S Navale

Mrs. Swati Deshmane

Topic: “The Power of Yoga! Women in Yoga”

While the entire aim of yoga is to self-reflect, control the breath, achieve deep relaxation, and grow through meditation, all of this combined will result in better mental, emotional and physical health which challenges the mind and body through a sequence of yoga asanas.

Top 10 benefits of yoga

1. Yoga helps you in all-around fitness
2. Yoga benefits in weight loss
3. Yoga is one of the best solutions for stress relief
4. Yoga helps for inner peace
5. Yoga Improves Immunity
6. Practice of Yoga Offers Greater Awareness
7. Yoga improves relationships

8. Yoga Increases Energy

9. Yoga Gives You Better Flexibility and Posture

Flyer

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Approved by AICTE, New Delhi, Recognized by Govt. of Maharashtra,
Affiliated to Savitribai Phule Pune University and recognized 2(f) and 12(B) by UGC
(Id.No. PU / PUN/ Engg. / 093 (1992))
(Accredited by NAAC with grade A+)

**Vishakha Cell, AISSMS COE
Presents,
'The Power of Yoga!
Women in Yoga!'**

"YOGA IS A MIRROR TO LOOK AT
OURSELVES FROM WITHIN"

**VENUE
CITP HALL,
AISSMS COE**

**MRS. VAISHALI
NIMBALKAR
YOGA
INSTRUCTOR**

**MS. SHRUTI PANCHALWAR
MS. RUCHA KULKARNI
STUDENT
COORDINATOR**

**DR. P. S.
GAJJAL
VISHAKHA CELL
COORDINATOR**

**MRS. RITU
DUDHMAL
FACULTY
COORDINATOR**

**DATE
17 MARCH
TIME
11:00 AM**

**DR. D.S.
BORMANE
PRINCIPAL
AISSMS COE**

Inaugural Function at 10:00 am at CITP Hall

Chief Guest and Session Expert:

Mrs. Vaishali Nimbalkar

Yoga Instructor

Pune

Topic: The Power of Yoga! Women in Yoga

Participants: Female students and faculties

Outcome: Combined mental, Emotional and physical health control

Student Coordinators:

1. Ms Shruti Panchalwar
2. Ms. Rucha Kulkarni
3. Ms. Amruta Kamble

Few Glimpses:



Expert Teaching Yoga asanas

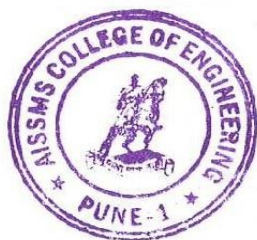


Expert Discussing with Participants

Programme Ended with vote of thanks

A handwritten signature in black ink, appearing to read "Dr P S Gajjal".

Dr P S Gajjal
Coordinator



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COLLEGE OF ENGINEERING
KENNEDY ROAD, PUNE-411 001

Expert Talk on "The Power of Yoga, Women In Yoga"

Attendance Sheet 2022-23 (TERM -II)

VISHAKHA CELL

Class :

Division:

Day & Date: Friday 17th March 2023

Name of Coordinator : Dr. Priya Gajjal & Mrs Ritu Dudhmal

| Sr. No. | Roll No. | Name of Student | Class and Div | Signature of Student |
|---------|----------|-------------------------------|----------------|----------------------|
| 1 | 21ME085 | Prajakta Shendkar | SE Mech - B | <i>[Signature]</i> |
| 2 | 21CH040 | Shrutel Barchade | SE Chemical | <i>[Signature]</i> |
| 3 | 21CH035 | Siddhali Shogar | SE Chemical | <i>[Signature]</i> |
| 4 | 21CH007 | Dhumbhe Shreelakha | SE chemical | <i>[Signature]</i> |
| 5 | 22CH306 | Mate unnati | SE chemical | <i>[Signature]</i> |
| 6 | 21CH0 | Pansare Ishwari | SE chemical | <i>[Signature]</i> |
| 7 | 21CH0 | Ghelar apurva | SE chemical | <i>[Signature]</i> |
| 8 | 21EL314 | Pandav Dipi | TE Electrical | <i>[Signature]</i> |
| 9 | 21ME330 | Vedanti P. Sawarkar | TE (Mech) B | <i>[Signature]</i> |
| 10 | 20ME063 | Dejal S. Muxkal | T.E Mech B | <i>[Signature]</i> |
| 11 | 20ME041 | Amruta Anil Kambale | TE Mech-A | <i>[Signature]</i> |
| 12 | 20ME046 | Samruddhi S. Kasture | TE MECH-A | <i>[Signature]</i> |
| 13 | 21ME051 | Rucha Suhask Kulkarni | SE Mech - A | <i>[Signature]</i> |
| 14 | 20ME081 | Mrunmayee Pednekar | TE -Mech - B | <i>[Signature]</i> |
| 15 | 20ME047 | Deepanjali Shinde | TE - Mech B | <i>[Signature]</i> |
| 16 | 21ME831 | Shendge Bhagyashree Jagannath | TE: Mech-B | <i>[Signature]</i> |
| 17 | 22CO307 | Nupoor Manish Kale | SE Comp A | <i>[Signature]</i> |
| 18 | 22CO304 | Bakshi Jitendra Deore | SE Comp A | <i>[Signature]</i> |
| 19 | 22CO301 | Harshada Madhukar Aher | SE Comp A | <i>[Signature]</i> |
| 20 | 21CO059 | Sanika Santosh Kendre | SE Comp A | <i>[Signature]</i> |
| 21 | 20ME050 | Isha Sudhir Khatri | TE Mech A | <i>[Signature]</i> |
| 22 | 22CV340 | Mrunal Sudhakar Sawale | SE Civil B | <i>[Signature]</i> |
| 23 | 22CV338 | Mital Abhaykumarsaraf | SE Civil B | <i>[Signature]</i> |
| 24 | 22CV330 | Chaitrali Yashwant Mahajan | SE Civil B | <i>[Signature]</i> |
| 25 | 22CV331 | Jyoti Dadasaheb Mali | SE Civil B | <i>[Signature]</i> |
| 26 | 21CO049 | Ishani Sachin Bhengale | SE Comp A | <i>[Signature]</i> |
| 27 | 21CO053 | Akshada Narendra Kakade | SE Comp A | <i>[Signature]</i> |
| 28 | 21CO009 | Axindita Pal | SE Comp A | <i>[Signature]</i> |
| 29 | 20MS312 | Amisha R Pawar | BE Mech (Sand) | <i>[Signature]</i> |
| 30 | 21CO021 | Anisha Bhandare | SE Comp A | <i>[Signature]</i> |
| 31 | 21CO020 | Arunkshe Bhandare | SE Comp A | <i>[Signature]</i> |
| 32 | 21CO017 | Shrutel Jastakke | SE Comp A | <i>[Signature]</i> |
| 33 | 21CO005 | Sharyu Adsul | SE Comp A | <i>[Signature]</i> |
| 34 | 21CO068 | Kulkarni Gayatri mahesh | SE Comp A | <i>[Signature]</i> |
| 35 | 22CV329 | Samiksha Subhash Kolpe | SE Civil B | <i>[Signature]</i> |
| 36 | 21CV095 | Sanika Dnyaneshwar Ubbhe | SE Civil B | <i>[Signature]</i> |
| 37 | 21CV091 | Krushna Jayade | SE Civil B | <i>[Signature]</i> |
| 38 | 20ME047 | Khalate Puja | SE Mech A | <i>[Signature]</i> |
| 39 | 20CO036 | Sonal Jadhav | TE Comp A | <i>[Signature]</i> |



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Vishakha Cell and Women's Grievances cell Annual Report (August 2021 to June 2022)

Committee of Vishakha Cell

| | |
|-------------------------|-------------|
| Dr (Mrs)P S Gajjal | Coordinator |
| Mrs. Shikha Pachouly | Member |
| Mrs. Vrushali Dandawate | Member |
| Mr A B Bhonsale | Member |
| Mr S P Pimpale | Member |

1. Complaint redressal

No complaints received

2. Programme Conducted : 01

Topic: Know Your Rights (08th March 2022)

Objective of Program: Participants will able to gain knowledge about the different laws and rights of Women

Flyer:

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Women's Grievance and Vishakha Cell
Organizes an Expert Lecture on

Topic: "Know Your Rights"

> **Day & Date:** Tuesday, 08/03/2022

> **Time:** 10:00 am

> **Online:** MS Teams

Faculty Coordinators:
Dr. Priya Gajjal

Speaker
Dr. Shilpa Gaikwad
Ph.D NET, LLM, BA

Dr C S Choudhari
IQAC Coordinator

Dr. D. S. Bormane
Principal

Institute Vision:
Service to Society through Quality Education

Chief Guest and Session Expert: Dr Shilpa Gaikwad

Topic: Know your Rights

Participants: Female students and faculties

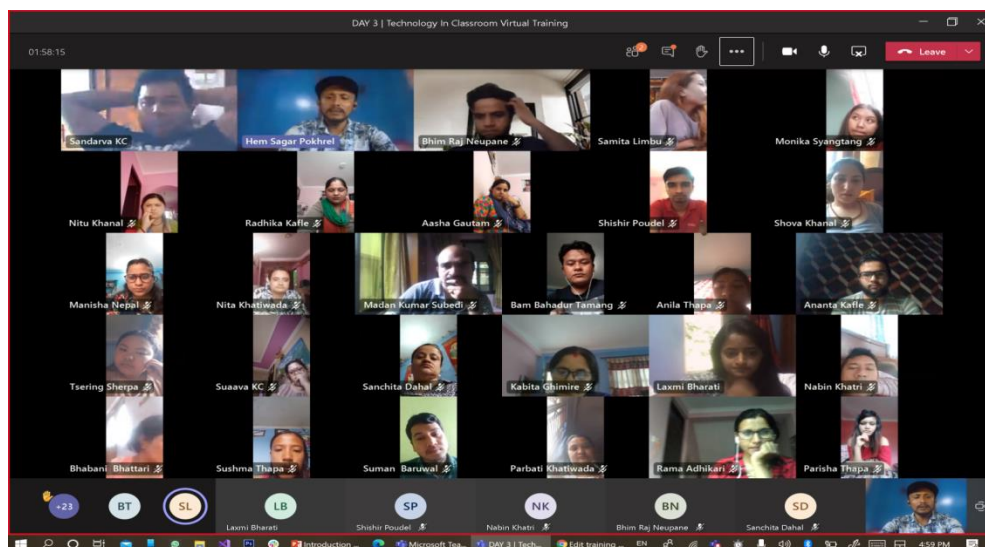
Outcome: Participants will able to gain knowledge about the different laws and rights of Women

Few Glimpses:

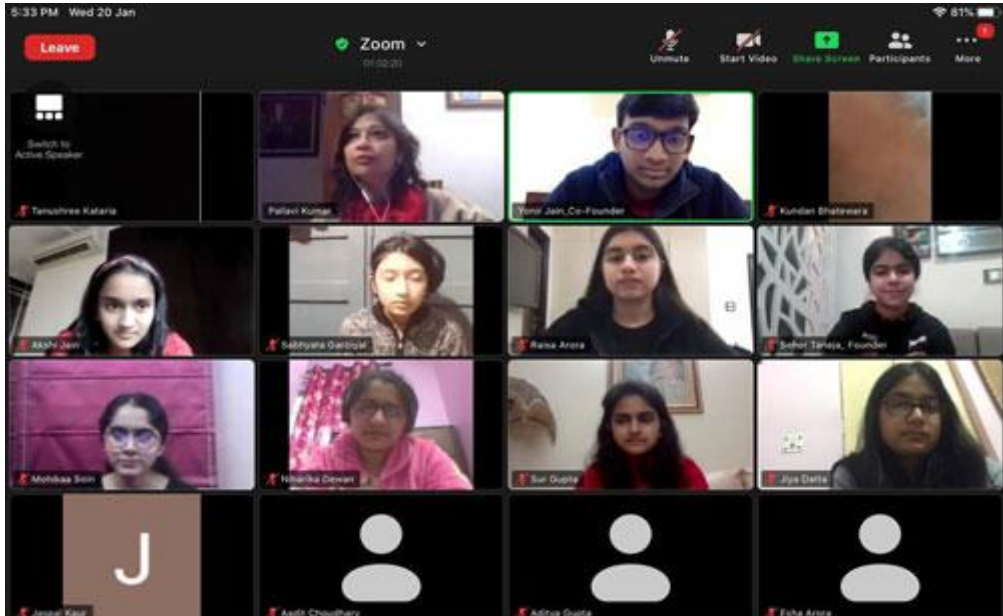
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(U.No. PU / PN/ Engg. / 093 (1992))
(Accredited by NAAC with grade A+)
Vision
Service to society through Quality Education
Women's Day Celebration
CELEBRATING WOMANHOOD
Join us to celebrate the online function where the Guest will share their experience with faculty & students
DATE: (Tuesday) 10th MARCH, 2022
Time: 10:00 am Microsoft Teams Link to join this program
<https://cutt.ly/MukBtH>
REGARDS
Dr. Priya Gajjal
Co-ordinator
Vishakha Cell
Dr. C S Choudhari
Coordinator
IAQC, AISSMS COE.
Dr. D. S. Bormane
Principal,
AISSMS COE

Happy Women's Day
Topic: Know Your Rights
Dr. Shilpa Gaikwad
PhD, NET, LLM, BA

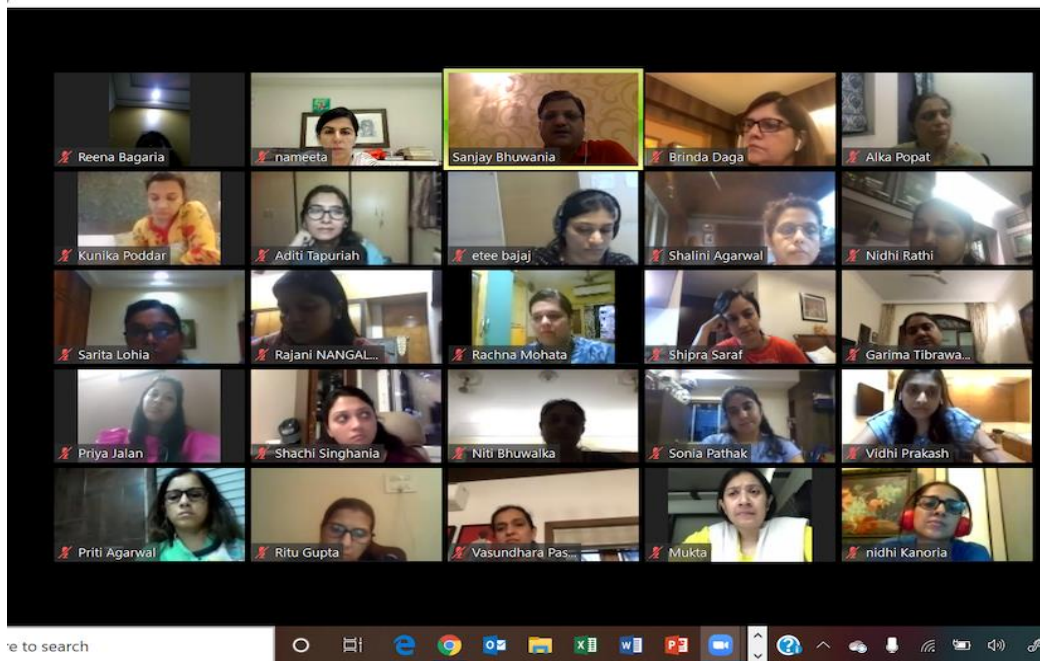
Online Expert talk on MS Teams, Inauguration of programme



Participants Attending Programme



Participants Attending Programme

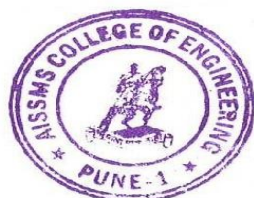


Participants Attending Programme

Programm ended with vote of Thanks

Dr P S Gajjal
Coordinator

Dr D S Bormane
Principal




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KENNEDY ROAD, PUNE-411 001

Attendance:

| Timestamp | Username |
|------------|-------------------------------|
| 2020/10/03 | psgajjal.scoe@gmail.com |
| 2020/10/03 | psgajjal.scoe@gmail.com |
| 2020/10/03 | nirmalendubakshi64@gmail.com |
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| 2020/10/03 | brquazi@aissmscoe.com |
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| 2020/10/03 | ajinkyakalpana01@gmail.com |
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| 2020/10/03 | shobha.sulsule@gmail.com |
| 2020/10/03 | ca.joel.scoe@sinhgad.edu |
| 2020/10/03 | shubhangic24@gmail.com |
| 2020/10/03 | ruruka2000@gmail.com |
| 2020/10/03 | manevrunda8@gmail.com |
| 2020/10/03 | suvibhosale13@gmail.com |
| 2020/10/03 | asdeokar@aissmscoe.com |




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Vishakha Cell and Women's Grievances cell Annual Report (August 2020 to June 2021)

Committee of Vishakha Cell

| | |
|-------------------------|-------------|
| Dr (Mrs)P S Gajjal | Coordinator |
| Mrs. Shikha Pachouly | Member |
| Mrs. Vrushali Dandawate | Member |
| Mr A B Bhonsale | Member |
| Mr S P Pimpale | Member |

1. Complaint redressal

No complaints received

2. Programme Conducted : 03

Topic: Empowering Women Professionals (04th Sep 2020)

Objective of Program: Participants will be able to gain knowledge about how to Empower self in Professional world without gender bias.

Flyer

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(U No. PU / Pw Engg / 093 (1992))
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Webinar Registration Details:

Registration link :
<https://forms.gle/YGqEp91swrVV8taG7>

No Registration Fee

E- Certificates to Participants

This Webinar will be Conducted on
(Limited participants on First Come First Serve basis.)

After registration join What's App Group for further details about webinar.

Joining Link-
<https://chat.whatsapp.com/FnEwGvI8AnwDGEEdDij6ek>

Webinar Speaker

Mrs Mohini Sudumbrekar
Founder Future Skills
Consultants

Date & Time:
04/09/2020
11.00AM-12.00 PM (IST)

Organized by
VISHAKA CELL
AISSMS College Of Engineering, Pune - 01
Phone No. +91-20 2605 7660 / 2605 8587
Website: www.aiissmscoe.com

Dr. (Mrs) P. S. Gajjal
Coordinator, Vishaka Cell

Mrs. S J Pachouly, Dr V S Dandawate
Member, Vishaka Cell

Dr C S Choudhari
Coordinator, IQAC

Dr. D. S. Bormane
Principal

Inaugural Function at 10:00 am



Chief Guest and Session Expert: Mrs Mohini Sudumbrekar

Founder Future Skills Consultants Pune

Topic: Empowering Women's Professionals

Participants: Female students and faculties

Outcome: Participants will able to gain knowledge about how to Empower self in Professional world without gender bias.

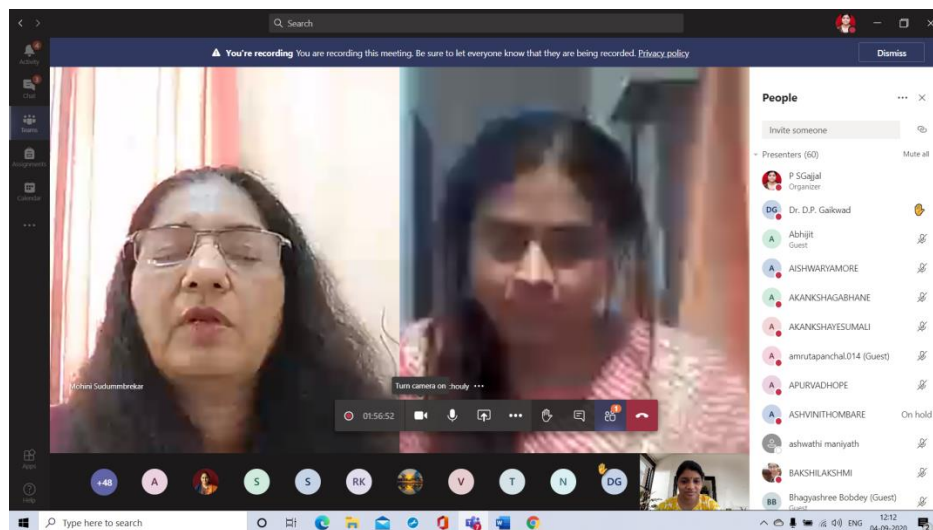
Few Glimpses:



Online Expert talk on MS Teams, Inauguration of programme



Dr D S Bormane, Principal, Welcoming the guest, Mrs Mohini Sudumbrekar



Expert is addressing the audience

Programm ended with vote of Thanks

**Dr P S Gajjal
Coordinator**

**Dr D S Bormane
Principal**

Topic: Modes and modalities for Healthy living: Challenges and Solutions (09th March 2021)

Objective of Program: Participants will able to gain knowledge about how to Self care of our own health and solutions for their questions.

Flyer

Inaugural Function at 02:00 pm

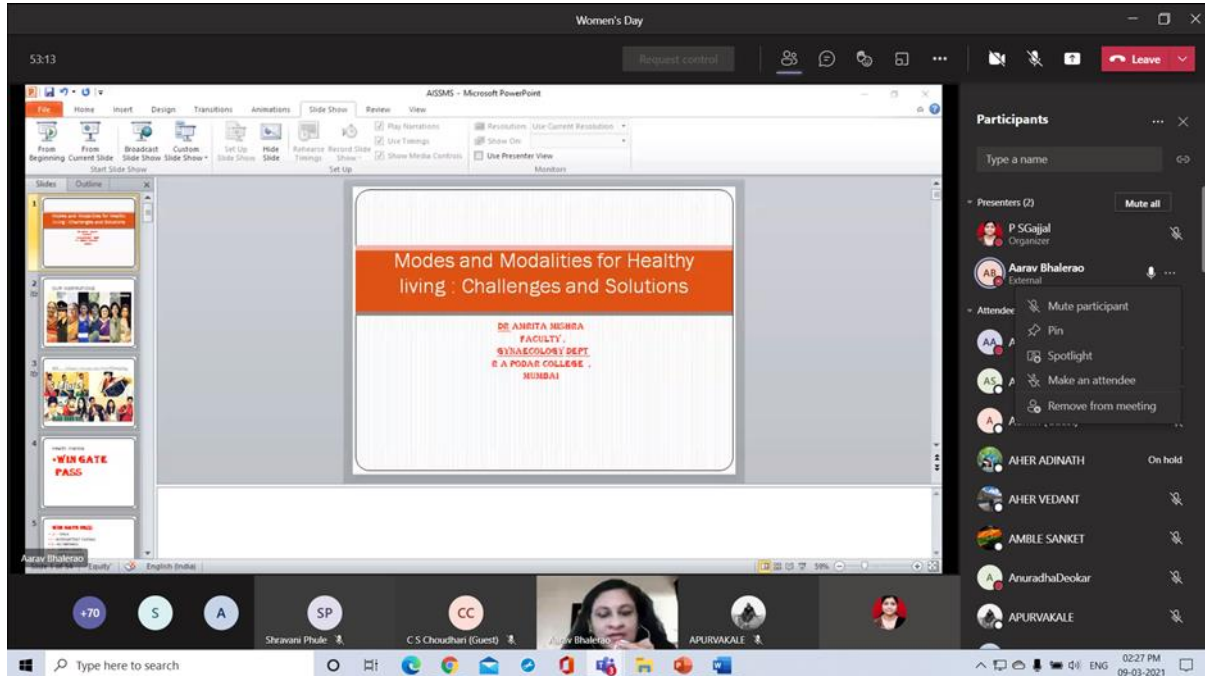
Chief Guest and Session Expert: Dr Amrita Mishra
MS Obstetrics and Gynaecology
R A Potdar Govt Medical College, Mumbai

Topic: Modes and Modalities of Healthy Living, Challenges and solutions

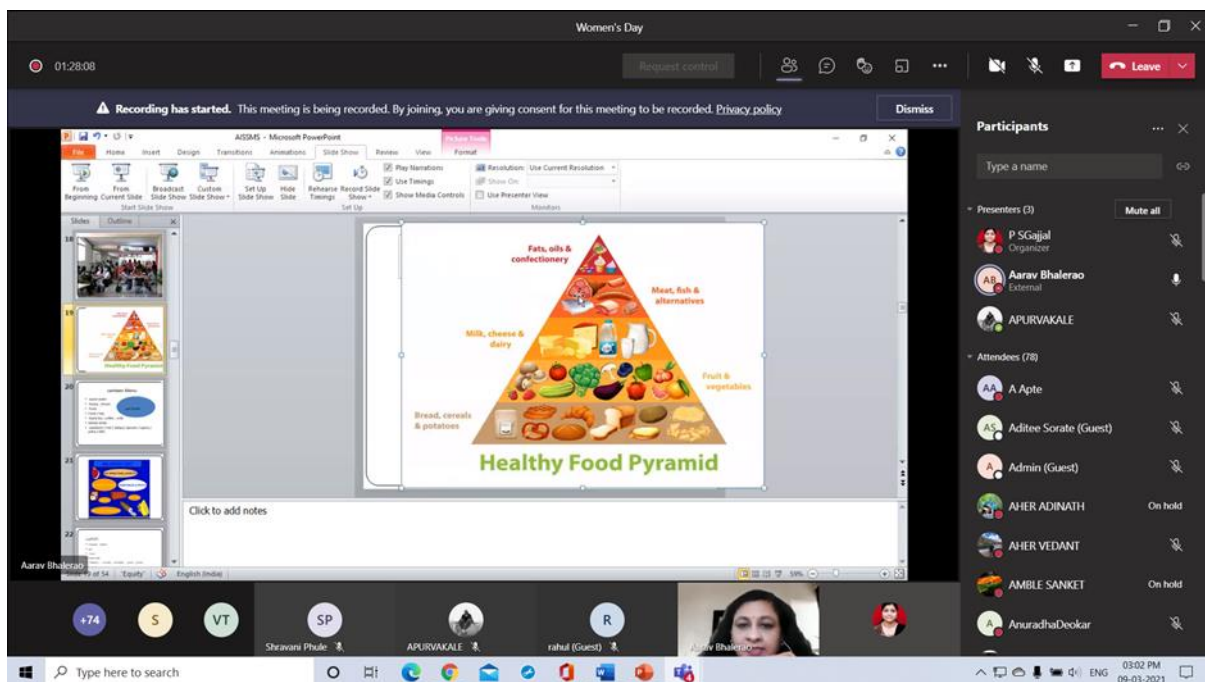
Participants: Students and faculties

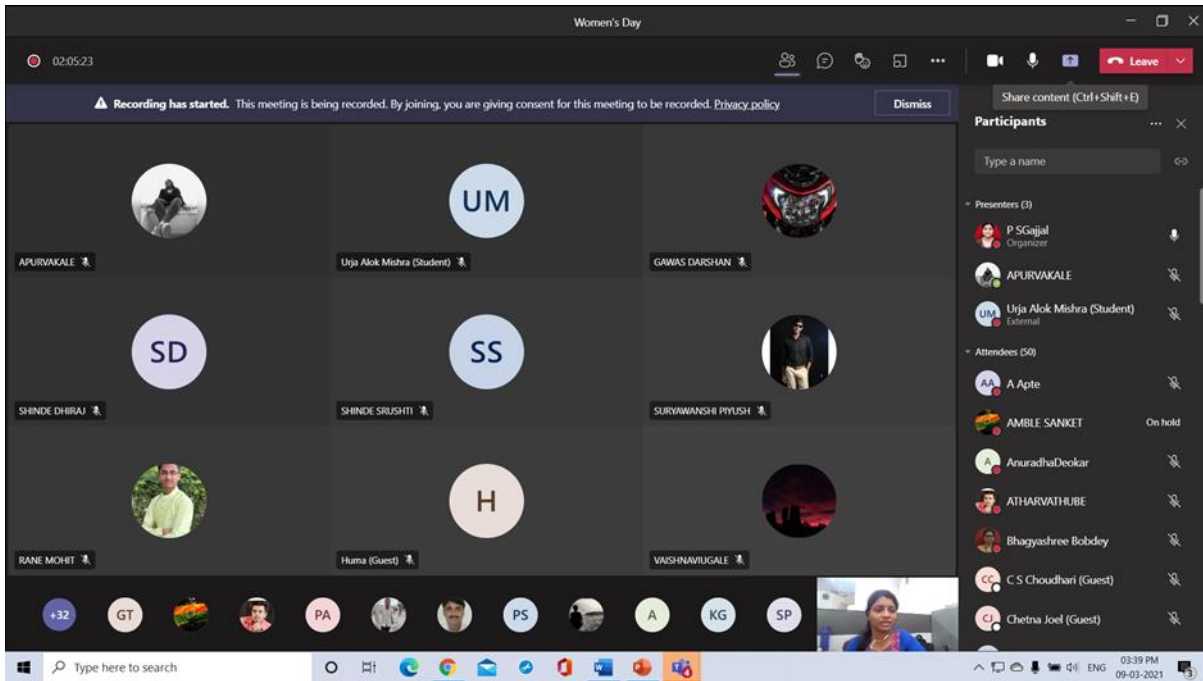
Outcome: Participants will be able to gain knowledge about how to Self-care of our own health and solutions for their questions.

Few Glimpses:



Expert is addressing the audience





Coordinator expressing vote of thanks

Programme Ended with vote of thanks

Dr P S Gajjal
Coordinator

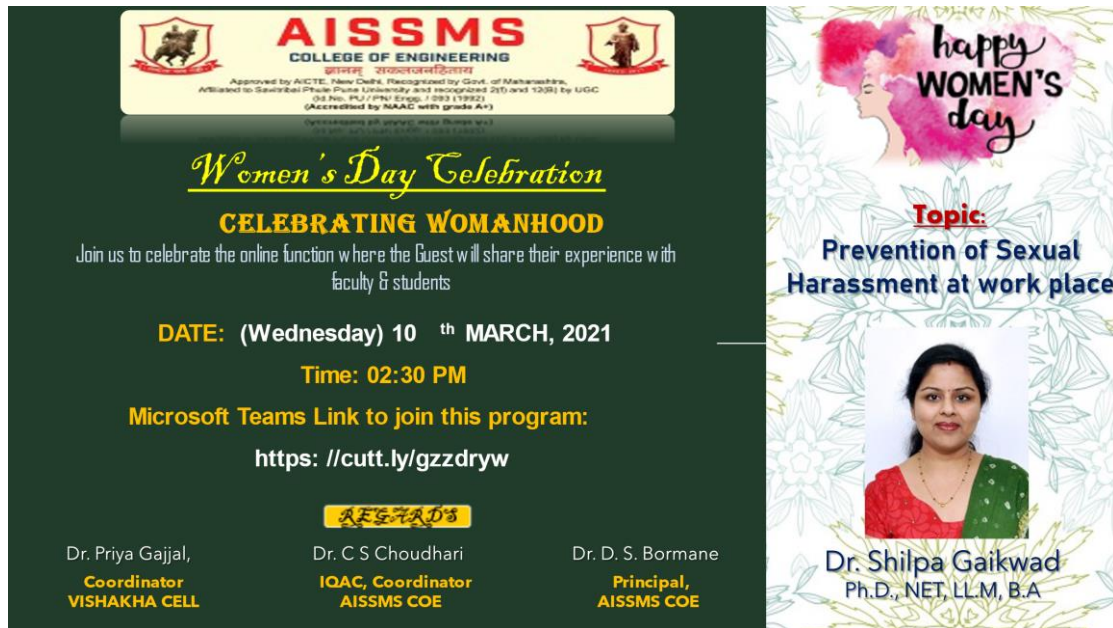
Dr D S Bormane
Principal



Topic: Prevention of Sexual Harassment at Work Place (10th March 2021)

Objective: Participants will able to gain knowledge about Women's Rights, Law's and Behavioural manager at Work Place

Flyer



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(U. No. PU/ (Phu) Engg. 1 083 (13/02)
(Accredited by NAAC with grade A+)

Women's Day Celebration
CELEBRATING WOMANHOOD
Join us to celebrate the online function where the Guest will share their experience with faculty & students

DATE: (Wednesday) 10th MARCH, 2021
Time: 02:30 PM
Microsoft Teams Link to join this program:
<https://cutt.ly/gzzdryw>

RESPECT'S

Dr. Priya Gajjal,
Coordinator
VISHAKHA CELL

Dr. C S Choudhari
IQAC, Coordinator
AISSMS COE

Dr. D. S. Bormane
Principal,
AISSMS COE

Happy Women's Day
Topic:
Prevention of Sexual Harassment at work place

Dr. Shilpa Gaikwad
Ph.D., NET, LL.M, B.A.

Inaugural Function at 02:30 pm



AISSMS
COLLEGE OF ENGINEERING
ज्ञानम् सकलजनहिताय
Accredited by NAAC with "A+" Grade

Expert Talk
on
"Prevention of Sexual Harassment at Work Place"
10 March 2021
Organised by
VISHAKHA CELL

Dr. Shilpa Gaikwad

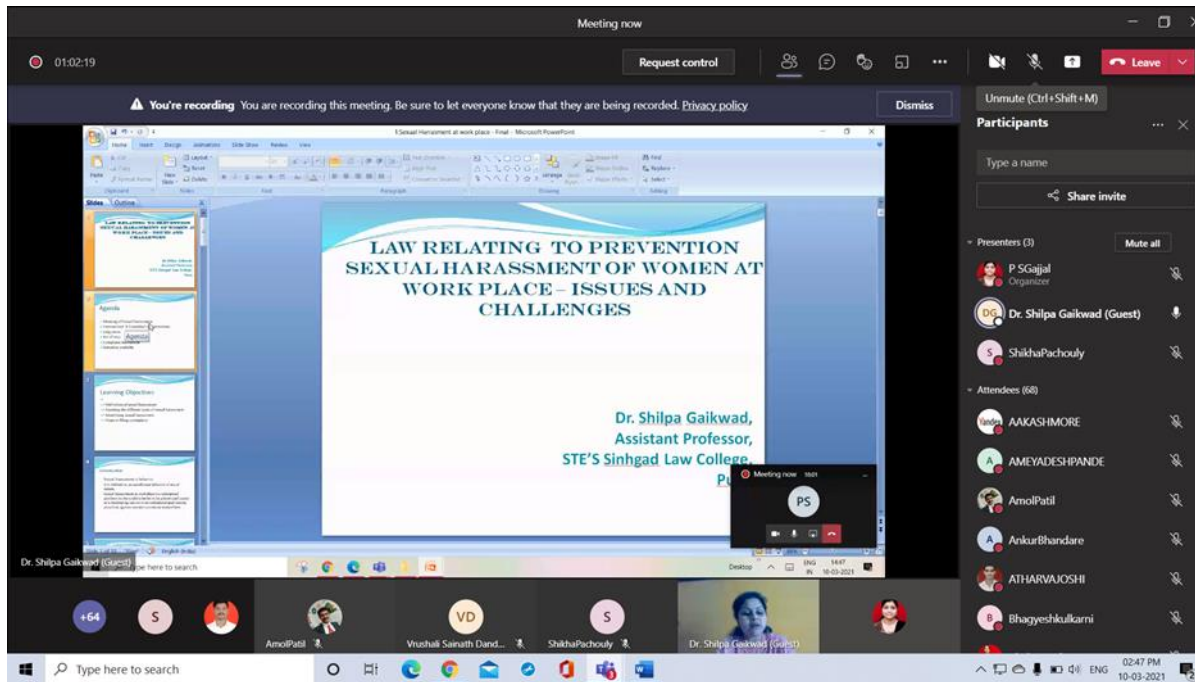
Chief Guest and Session Expert:
Dr Shilpa Gaikwad
PhD LLM

Topic: Prevention of Sexual Harassment at Work Place

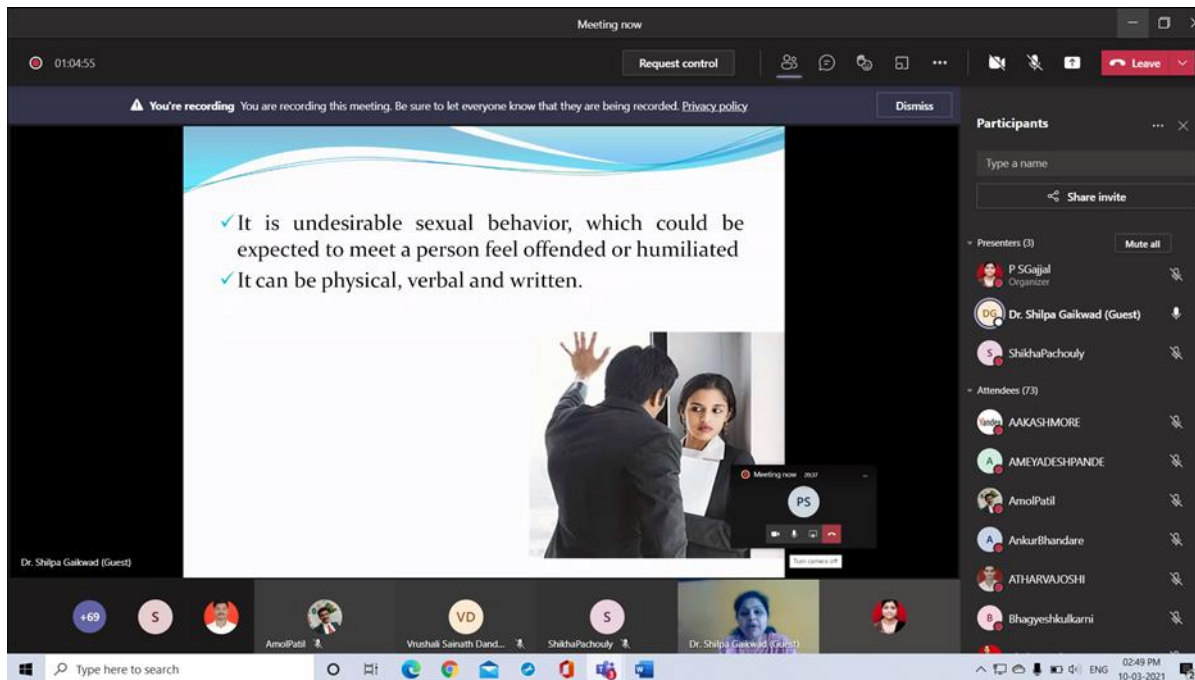
Participants: Students and Faculties

Outcome: Participants will able to gain knowledge about Women’s Rights, Law’s and Behavioural manager at Work Place

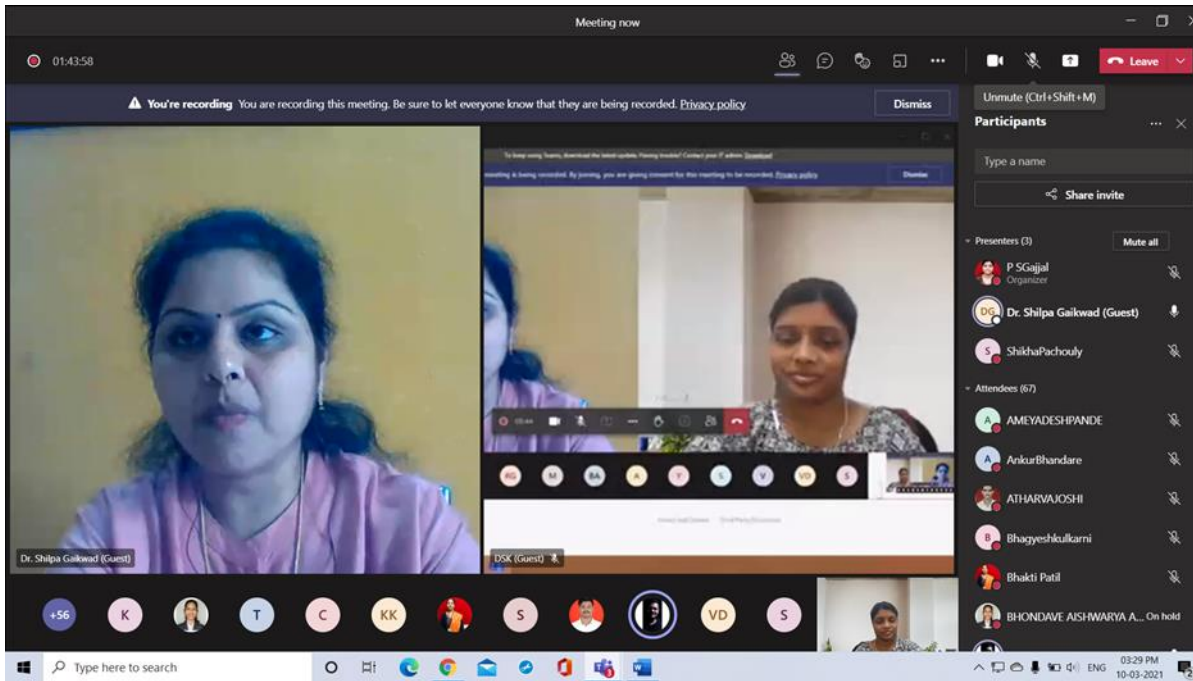
Few Glimpses:



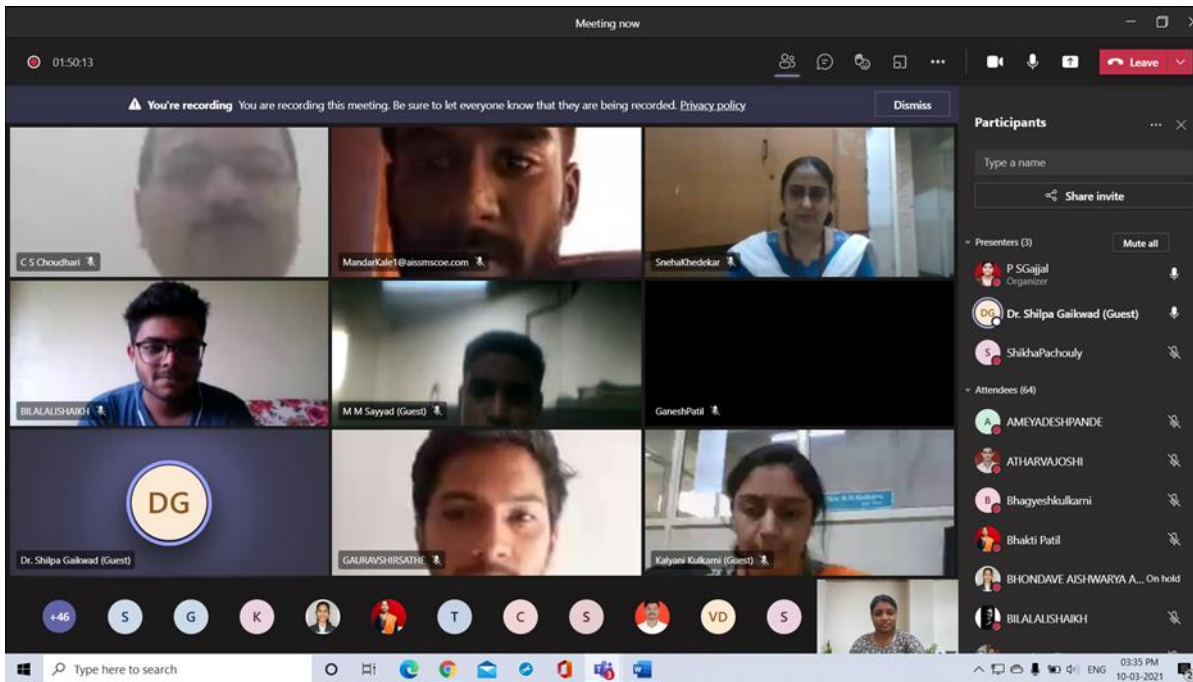
Welcoming of Guest and Starting of programme



Expert discussing laws for protection of women



Programm ended with Vote of Thanks



A quick pic of programme

P S Gajjal

**Dr P S Gajjal
Coordinator**

D S Bormane

**Dr D S Bormane
Principal**



PRINCIPAL
ALL INDIA SHRI SHIVAJI MEMORIAL SOCIETY'S
COLLEGE OF ENGINEERING
KENNEDY ROAD, PUNE-411 001



Vishakha Cell and Women's Grievances cell

Annual Report (August 2019 to June 2020)

Committee of Vishakha Cell

| | |
|-------------------------|-------------|
| Dr (Mrs)P S Gajjal | Coordinator |
| Mrs. Shikha Pachouly | Member |
| Mrs. Vrushali Dandawate | Member |
| Mr A B Bhonsale | Member |
| Mr S P Pimpale | Member |

1. Complaint redressal

No complaints received

2. Programme Conducted on 30/01/20

a. Purpose of Program:

As per SPPU, Pune directive to all its affiliated colleges, AISSMS COE Pune has constituted an Vishaka Cell. In order to generate awareness amongst students, about the subject above a special guest lecture was arranged on 30th January 2020.

b. Objective of Programme

To build healthy life style and able to manage stress at puberty age with personal hygiene.

Summary of Program:

Mrs. Kamakshi Zilpelwar was invited as the guest speaker on the occasion, who shared the information about life style management, personal hygiene, stress management and puberty.

Dr. Priya Gajjal

Mrs Shikha J Pachouly

Mrs. Vrushali Dandwate

Mr A B Bhonsale

Mr S P Pimpale

Were present with large number of girl's students of AISSMS COE.

Mrs Shikha J Pachouly has compeered the program and vote of thanks.

Students actively participated in the program and interacted with the speaker while clearing the doubts in their mind about this sensitive issue.

Objective of Programme:

1. To understand the impact of physical and emotional changes that occur during puberty including reproductive health and the range of experiences that may happen to young people. Identify the anatomy of genitals including scientific and slang terms commonly used.
2. Hygiene-related practices of women during menstruation are of considerable importance, as it has a health impact in terms of increased vulnerability to reproductive tract infections (RTI). The interplay of socio-economic status, menstrual hygiene practices and RTI are noticeable.

Glimpses of Program:



Addressing the students about programm



Dr D S Bormane, Principal, Welcoming the guest with memento



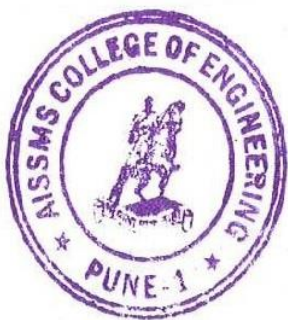
Dr D S Bormane, Principal ,Addressing the students



Guest, Mrs Kamakshi, addressing the gathering on health lifestyle

**Dr P S Gajjal
Coordinator**

**Dr D S Bormane
Principal**



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